

# February Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. 10:00 beach ball toss with music 10:30 board games of choice 12:30 Painting /game	2. 10:00 beach ball toss with music 10:30 board games of choice 12:30 Dice Games/reading	3. 10:00 Sit/fit with Music 10:30 Trivia/Memory games. 12:30 Arts/Crafts, Game of choice	4. 10:00 Chair Yoga 10:30 Dancing 12:30 Arts and crafts
5. 10:00 Chair Yoga 10:30 Dancing 12:30 Arts and crafts	6. 10:00 Sit and Fit with music + Dancing 10:30 board games of choice 12:30 Art/Crafts	7 10:00 Sit and Fit with music 10:30 Trivia and game of choice 12:30 Dice/Cribbage game of choice	8. 10:00 beach ball toss with music 10:30 Rhyming games/story reading 12:30 music dancing with snacks /Bingo	9. 10:00 beach ball toss with music 10:30 board games of choice 12:30 board games of choice	10. 10:30-11:30 Springwood School coming in to sing 12:30 Dice games / Bingo	11. . 10:00 Chair Yoga 10:30 Dancing 12:30 Ginger bread house decorating
12. 10:00 Chair Yoga 10:30 Dancing 12:30 Ginger bread house decorating	13. 10:00 Sit/Fit/dance with music 10:30 Rhyming/match game 12:30 Dice/board game of choice	14. 10:00 Beach ball toss with music 10:30 Trivia/ game of choice 12:00 Dice/board	15. 10:00 Sit/fit with music 10:30 Memory games/Dice games 12:30 Art/Crafts, Board games of choice	16.. 10:00 Sit/ Fit with music 10:30 Board game of choice 12:30 Dice/board games of choice	17. 10:00 Sit/Fit with beach ball 10:30 reading/game of choice 12:30 Bingo/Music dancing/Dice games	18. 10:00 Chair Yoga 10:30 Dancing 12:30 Arts and crafts
19. 10:00 Chair Yoga 10:30 Dancing 12:30 Arts and crafts	20 10:00 beach ball toss with music 10:30 board games of choice 12:30 Dice/Board games	21 10:00 beach ball toss with music 10:30 board games of choice 12:30 Dice Games/reading	22. 10:00 Sit/fit with Music 10:30 Trivia/Memory games. 12:30 Arts/Crafts, Game of choice	23. 10:00 Sit/Fit/dance with music 10:30 Rhyming/match game 12:30 Dice/board game of choice	24. 10:00 Beach ball toss with music 10:30 Trivia/ game of choice 12:30 Cookie Decorating/games	25. 10:00 Chair Yoga 10:30 Dancing 12:30 Arts and crafts
26. 10:00 Chair Yoga 10:30 Dancing 12:30 Arts and crafts	27. 10:00 beach ball toss with music 10:30 board games of choice 12:30 Dice Games/reading	28. 10:00 Sit and Fit with music 10:30 board games of choice 12:30 Painting crafts/Match game				